What an amazing group of students we have at Dorrigo Public School! Last week I took all of the students who have achieved their Bronze Award over to Heritage Park for their recess. We had such a wonderful time. The K/1 and 1/2 students enjoyed making boats and playing near the stream, the Year 2/3/4 students loved running around and playing tips, while the Year 5 and 6 students could be heard squealing with delight and laughing as they ran in and around the trees and bushes. It was fantastic to see these students having such a great time and lovely to have so many of the students thank me for taking them. I’m really looking forward to taking our next group of award winners on a little adventure.

Congratulations to our Cross Country team who competed in Bowraville on Friday. We had some excellent results, with all runners trying their very best. I’d like to thank Mrs Bingle and the parents who supported our students on the day.

I’d like to welcome two new students to our school. Liam M will be working in Year 1 and Liam C will be working in Year 6. I’d also like to welcome Ms Nadene Flick to our school. Nadene will be working with the K/1 and Year 1/2 classes.

Thank you to our hard working P&C for organising our Mother’s Day Stall and thank you also to those families who donated items for this stall. Students enjoyed selecting something special for their mums and special people in their lives.

I’d like to wish our Years 3 and 5 students all the very best this week during their NAPLAN testing.

Tanya Bajda
Principal

Headphones

Students who are able to bring headphones to use on our school computers need to bring them in a zip lock bag with their names clearly marked on the headphones.

Calendar – Term 2

Week 4
Tues 12 to NAPLAN
Thurs 14 May NAPLAN

Week 5
Mon 18 May Rugby Union 7’s Gala Day
Wed 20 May Canteen Toastie Day
Thurs 21 May Soccer Gala Day Urunga
Fri 22 May Mid North Coast Cross Country - Sawtell

Assembly Awards

Congratulations to the following students who received merit certificates at last week’s assembly.

Kindergarten/Year1  Holly    Zac
Year 1/2            Linsay   Nate
Year 2/3/4          Tyler    Samuel
Year 5              Tyler
Year 6              Bonnie   Rocco
Gymnastics          Year 5
Class of the Week   Kinder/Year 1

Friday’s Assembly

Year 2/3/4 will conduct the assembly on Friday 15 May at 11:15 am. Parents and community members are most welcome to attend.
Canteen Roster

Week 4
Wed 13 May  Renae C Christine K
Fri 15 May  Pete S

Week 5
Mon 18 May  Melissa P

Gold, Silver and Bronze Awards

Congratulations to Macgyver, Hanna, James and Jarrah who received a Bronze Award at the assembly on 8 May. Bronze Awards are presented to students for displaying appropriate school behaviour.

Cross Country

On Friday 8 May, 28 students participated in the District Cross Country at Bowraville. We caught a bus that took us down to Bowraville Golf course. It took about 1½ hours to get there. Seven of us made it through to the next level but all of us had a great time.

Congratulations to Joey, Cheyenne, Hannah, Nicholas, Lachlan, Eucla and Hayley who were successful and will compete in the next round at Sawtell on Friday 22 May.

Harry Year 6

Canteen News

For a short time we have Olaf the Snowman icecreams @ $2.00 each

A reminder also that

Bolognese costs $4.00
and flavoured milk $2.00

What makes a good book?

Books with vivid imagery, exciting stories and strong characters will not only entertain your child but set them up to enjoy reading for the rest of their life.


International Competitions and Assessments for Schools (ICAS)

If your child in Years 3-6 wishes to participate in the ICAS Spelling ($5.50) and Writing competitions ($8.50) please ensure that application and appropriate entry fee reach the office by 13 May 2015.

Library Books

We encourage all children to read and they all attend Library once a week. To ensure interest in books students need to borrow regularly. Please return borrowed books so that fresh ones may be borrowed.

Nutrition

Children’s daily fibre requirements are 5 grams + age in years ie a 5 year old child will require 10g of fibre/day.

The following tips will help increase your child’s daily fibre intake:

- Aim for at least 5 serves of fruit and vegetables per day
- Serve wholegrain breakfast cereal and add fresh or dried fruit to further increase the fibre content
- Use wholemeal or grain bread or rolls in place of white
- Use brown or wholegrain rice instead of white
- Use a wholemeal flour or a mixture of white and wholemeal flour when baking
- Add lentils, beans or pulses to stews, soups and casseroles
- Chopped or grated vegetables and beans can be added to salads
- Ensure an adequate fluid intake
Excellence in Child Dental Services

All children under 18 years of age can receive free dental care through the Mid North Coast Local Health District. Parents do not need to hold a Pension Card or Health Care Card for their child to be eligible.

Please call 1300 65 16 25 if you would like your child to have a check-up. If they are in pain or have dental problems they will be prioritised when you call 1300 65 16 25 to be triaged.

Coffs Harbour Health Campus
Pacific Highway
Coffs Harbour
http://mnclhd.health.nsw.gov.au

P&C Update

Mother’s Day Stall
Wow, another fantastic Mother’s Day Stall with just about everything you could think of wrapped and packaged. A big thank you to all those who dropped in items for the stall and for sending all that wonderful loose change to school. We raised $353 and again, it was a pleasure to watch the thought and decision making that went in to each and every purchase. We hope you enjoyed your special package.

Special Canteen Day – Toasties
A special canteen Toastie day has been set for **Wednesday 20 May** with 3 varieties of toasted sandwich available – cheese $2; ham & cheese $2.50; mince & cheese $2.50. Please make your Toastie orders by Monday 18 May so we can organise bread and fillings. Orders can be made using the form included in the newsletter or on a regular lunch order bag. Please include your name, class and payment as you would usually do. The normal canteen menu will not be available on Toastie day. Lunch time purchases of drinks, fruit tubes, frozen yoghurts and icecreams can still be made.

Potato Social – Thursday 11 June
A school social has been set for Thursday 11 June and yes, you read it right, it will be a potato social!! That means all things potato are planned from games and activities to canteen menu items. Games and activities are planned from 4.30-5pm and then music and social until 6.15pm. Mark the social on the calendar, we’ll give you more details as we get closer to the date.

Stewart House Donation Drive

A reminder that envelopes for Stewart House Donation Drive should be returned to the school office by Friday 15 May. For just a $2 donation you can be in the running to win a family holiday worth $4,000 to a destination of choice.

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**Special Canteen TOASTIE Order – for Wednesday 20 May**
*Please return by Monday 18 May*

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Cheese $2</th>
<th>Ham/Cheese $2.50</th>
<th>Mince/Cheese $2.50</th>
</tr>
</thead>
</table>

Total Enclosed $.............